

# 2021 STORM Miles of DisComfort Marathon

Final Race of the 2021 Hill Country Bicycle Works  
Texas Mountain Bike State Championship Marathon Series

Flat Rock Ranch - Comfort, Texas

Saturday - January 30<sup>th</sup>, 2021

*Held under USA Cycling permit 2021-3212*



\*\*\*\* COVID-19 PRECAUTION PROTOCOLS WILL BE IN EFFECT (SEE BELOW) \*\*\*\*

Helmets required at all times while you are on your bicycle (Ranch Rule as well as USAC rule)

## SATURDAY, JANUARY 30<sup>th</sup>

7:30 AM..... Number Plate pick-up **NO ONSITE REGISTRATION**

9:00 AM..... Race Start

TBA..... Awards for each group

## DISTANCES

- Marathon ..... 52 miles
- Half Marathon ..... 26 miles

## AWARDS/PRIZES

**All Groups** - Awards for top 3 finishers

**Marathon** - Cash Payout for overall top 10 men & top 5 women. Equal payout for top 5 men and women.

**Half Marathon** - Schwag Raffle

## REGISTRATION & GROUPS OFFERED

See Online Registration – <https://www.bikereg.com/2021discomfort>

\$65 for full marathon distance. \$45 for half marathon distance.

Online Registration closes on Wednesday, January 27<sup>th</sup> at 6:00 PM CST.

## NO ONSITE REGISTRATION

## RULES/LICENSES

This event is USA Cycling sanctioned and those race rules apply. This event is also the final race in the 2021 Hill Country Bicycle Works Texas Marathon Mtn. Bike State Championship Series and TMBRA Marathon Series rules apply ([tmbra.org/rulesm.htm](http://tmbra.org/rulesm.htm)).

Participants **MUST** provide proof of a valid 2021 USA Cycling Annual license OR purchase a one-day license during registration for \$10. Full Marathon racers categorized in the USA Cycling Endurance discipline as “Pro” must race the Open group. Cutoff times will be announced at the race start and are based on course conditions.

## CAMPING, LODGING, & VENUE INFO

Tent, car, hammock, sleeping bag, etc. camping as well as RV spots are available at the race venue; Flat Rock Ranch. There are also hotel, airbnb, and cabin options in the area.

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ALL persons (racer and non-racers) entering the ranch must sign a Flat Rock Ranch waiver. Please go to: <https://www.flatrockranchtx.com/>, select "Sign Waiver" in lower right hand corner, and complete the online waiver prior to race weekend.

Flat Rock Ranch charges \$30/per person (racers and non-racers) entering the ranch for the weekend (this includes Friday). Coming out for a single day they charge \$10/per person/per day. Persons are defined as all entering the ranch and over 12 years old. Under 12 years old are free. This is a per person/individual fee. For example if you have two non-racers coming with you, Friday-Sunday, each person will need to pay the above fees for a total of \$90. You would add three Full Race Weekend Ranch Fees to your registration. To reduce on site contact FRR is asking you pre-pay for this during your registration.

For RV reservations the above fees will apply as well as the RV reservation fee. You will call the ranch at the numbers below to make the RV reservations.

## **RANCH RULES TO NOTE:**

NO dogs allowed

NO hiking

Helmets required at all times on bike

Please review all FRR rules at: <https://www.flatrockranchtx.com/rules> and call them with any questions.

830-995-2858 Landline

210-213-3006 Jimmy's cell

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## COVID-19 SAFETY PLAN

### The 5 Commitments to Containment:

- 1) Wash hands
- 2) Wear face coverings in public
- 3) Stay 6 feet away from others
- 4) Stay at home if sick
- 5) Get tested if you show symptoms

### COVID-19 Waiver:

A COVID-19 waiver that identifies the participant as meeting all participatory requirements with regards to symptoms and proximity to possibly infected persons. To be available for agreement online.

**TEMPERATURE CHECKS WILL BE CONDUCTED UPON ENTRY TO THE RANCH. IF ANYONE IN THE CAR HAS A FEVER OF 99.5 DEGREES OR HIGHER, THE ENTIRE VEHICLE WILL BE REQUIRED TO LEAVE THE PROPERTY.**

**Self-Screen** before going to an outdoor event for any of the following new or worsening signs or symptoms of possible COVID-19:

- Fever or chills
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- New loss of taste or smell
- Nausea or vomiting
- Diarrhea
- Known close contact with a person who is lab confirmed to have COVID-19

**We instruct anyone who answers yes to any of these to stay home.**

### Racer Check-In/Number Plate Scanning:

We will check temperatures during self-check-in with an infrared scanner. This will take less than a minute to do and we will establish 6 feet of distance in the line leading to the temperature check station. At a temp of 99.5 or higher, the participant would be considered symptomatic and would not race (everyone with 99.4 or lower can participate).

**NO onsite registration.**

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## **START**

Small group starts – waves of 10 riders max with a start grid of spaces where they would be 6 feet or more apart. Organized fastest to slowest to minimize passing.

Racers will arrive to the start grid with masks on – take them off 30 seconds prior to start.

## **Results Posting**

Race results will be online for those that would like to check or contest results. We will let the racers know that in one of the pre-race emails and continue to announce it throughout the day.

## **Awards Ceremony**

Awards Pickup – one every 5 minutes. One racer at a time to stand on the podium. This is done to prevent a crowd from gathering.

## **Feed/Tech Zones:**

There will be a neutral feed/tech zone. Racers are responsible for their own hydration and nutrition. Rider support people will maintain the 6 feet of social distancing and must pick up any items dropped by the racer they are supporting.

\*\*\*\* COVID-19 PRECAUTION PROTOCOLS WILL BE IN EFFECT \*\*\*\*